

# Kedarkantha Trek

## Highlights

- Kedarkantha trek Max Altitude: 12500 Ft
- Trail type: Forest, Circle trail
- Difficulty of Trek: Easy-Moderate
- Base Village: Sankri
- Stays: Tents & Homestay

Kedarkantha, often confused with the renowned Kedarnath Temple. This trek is among the most popular trekking destinations in India, attracting both seasoned trekkers and beginners alike.

One of the primary reasons for its popularity is the rewarding summit climb. From the base camp, Kedarkantha's impressive summit dominates the skyline, beckoning adventurers. Starting your trek in the early morning, you will navigate the steep, snowy slopes, with stunning Himalayan views unfolding around you. While the ascent is challenging, the majestic peaks of the upper Himalayas accompany you, enhancing the experience as you reach the summit.

The sense of accomplishment and satisfaction at the top is unparalleled, offering breathtaking panoramas of the surrounding Himalayas. Beyond the summit, the trek is known for its stunning clearings, which provide perfect rest spots and beautiful campsites along the various routes. These clearings are strategically located, offering fantastic vantage points to appreciate the stunning landscapes.

Additionally, the trek boasts rich, diverse forests that envelop all three routes, creating a magical atmosphere. If you are not careful, you might find yourself lost in the beauty of these enchanting woodlands.

Whether you are seeking adventure, stunning views, or a connection with nature, the Kedarkantha trek promises an unforgettable experience in the heart of the Indian Himalayas. Plan your journey today and discover why Kedarkantha is a must-do trek!

## Quick short itinerary

- Day 1 (Ex-Pune/Mumbai): Board Train from Pune railway station to Delhi railway station.
- Day 2 (Ex-Delhi): Board Train from Delhi to Dehradun railway station.
- Day 3 (Ex-Dehradun): Reporting at Dehradun (6:00 AM), Dehradun to Sankri. Rest at our Sankri guest house/homestay.
- Day 4: Trek from Sankri to Juda ka talab, 4 hours of trek.
- Day 5: Trek from Juda ka talab to Kedarkantha base camp, 4 hours of trek.
- Day 6: Trek from Kedarkantha base camp to Kedarkantha summit and trek back to Juda ka talab, 8 hours of trek.
- Day 7: Juda ka talab to Sankri base camp & drive back to Dehradun/Rishikesh (Trek ends for Ex-Dehradun Participants).
- Day 8: Explore Rishikesh, river rafting & Ganga aarti experience & board train to Delhi.
- Day 9: Arrival in Delhi (Ex-Delhi trek ends here), Board train to Pune/Mumbai.
- Day 10: Arrival in Pune/Mumbai

# Detailed day wise itinerary

## Ex-Dehradun:

### **Day 1: Dehradun to Sankri (Drive - 220 km, 8-10 hours)**

Early morning pick-up from Dehradun, usually near the railway station or ISBT, sets the stage for a scenic drive through Mussoorie, Purola, Mori, and the stunning Govind Pashu Vihar National Park. By late evening, you will arrive in the charming village of Sankri (6,400 feet), where you can explore and take in the breathtaking views of snow-capped peaks before settling in for the night at a guest house or homestay.

### **Day 2: Sankri to Juda Ka Talab (Trek - 4 km, 3 hours)**

After breakfast, begin your trek from Sankri to Juda Ka Talab (9,100 feet), following a trail that winds through dense pine and maple forests, offering stunning views and occasional clearings. Upon arrival at the picturesque high-altitude Juda ka Talab, surrounded by lush woodlands, you will set up camp for the night near its frozen or serene shores.

### **Day 3: Juda Ka Talab to Kedarkantha Base Camp (Trek - 4 km, 3-4 hours)**

After breakfast, continue your trek to Kedarkantha Base Camp (11,250 feet), where the trail presents breathtaking views of the snow-capped Himalayan peaks. You will arrive at the base camp by early afternoon, allowing time to enjoy the stunning vistas of the surrounding ranges, including Bandarpoonch and Swargarohini. Spend the night at the campsite at Kedarkantha Base Camp.

### **Day 4: Kedarkantha Base to Kedarkantha Summit (12,500 ft) and back to Juda ka talab (Trek - 10 kms, 8 hours)**

On Summit Day, begin your trek early around 2-3 AM for a breathtaking sunrise ascent to Kedarkantha Summit. The final stretch is steep but immensely rewarding, offering panoramic views of mountain ranges such as Har Ki Dun, Yamunotri, and Gangotri. After enjoying your time at the summit, you will descend to the Juda ka talab camp by afternoon, where you will spend the night at the campsite.

### **Day 5: Juda ka talab to Sankri to Dehradun (Trek - 4 km, 3 hours)**

After breakfast, begin your descent through beautiful forest trails, passing through Hargaon village. By early afternoon, you will arrive in Sankri, marking the end of your trek. Departure to Dehradun, you'll arrive in the city of Dehradun in the night.

# Detailed day wise itinerary

## Ex-Delhi:

**Day 1:** Board Train From Delhi railway station to Dehradun railway station (3<sup>rd</sup> AC Train)

**Day 2: Dehradun to Sankri (Drive - 220 km, 8-10 hours)**

Early morning pick-up from Dehradun, usually near the railway station or ISBT, sets the stage for a scenic drive through Mussoorie, Puroila, Mori, and the stunning Govind Pashu Vihar National Park. By late evening, you will arrive in the charming village of Sankri (6,400 feet), where you can explore and take in the breathtaking views of snow-capped peaks before settling in for the night at a guest house or homestay.

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**Day 6: Juda ka talab to Sankri to Rishikesh (Trek - 4 km, 3 hours)**

After breakfast, begin your descent through beautiful forest trails, passing through Hargaon village. By early afternoon, you will arrive in Sankri, marking the end of your trek. Departure to Dehradun, you'll arrive in the city of Dehradun in the night.

**Day 6:** Explore City of Rishikesh, Experience river rafting & Ganga Aarti. Board return train to Delhi

**Day 7:** Arrival in Delhi, Trek Ends here.

# Detailed day wise itinerary

## Ex-Pune/Mumbai:

**Day 1:** Board Train From Pune to Delhi railway station (3<sup>rd</sup> AC Train)

**Day 2:** Board Train From Delhi railway station to Dehradun railway station (3<sup>rd</sup> AC Train)

### **Day 3: Dehradun to Sankri (Drive - 220 km, 8-10 hours)**

Early morning pick-up from Dehradun, usually near the railway station or ISBT, sets the stage for a scenic drive through Mussoorie, Purola, Mori, and the stunning Govind Pashu Vihar National Park. By late evening, you will arrive in the charming village of Sankri (6,400 feet), where you can explore and take in the breathtaking views of snow-capped peaks before settling in for the night at a guest house or homestay.

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After breakfast, begin your descent through beautiful forest trails, passing through Hargaon village. By early afternoon, you will arrive in Sankri, marking the end of your trek. Departure to Dehradun, you'll arrive in the city of Dehradun in the night.

**Day 8:** Explore City of Rishikesh, Experience river rafting & Ganga Aarti. Board return train to Delhi

**Day 9:** Arrival in Delhi & Board train to Pune/Mumbai

**Day 10:** Arrival in Pune/Mumbai, Trek ends here.

# List of Things to Carry

## Shoes and backpack

- Trekking shoes with ankle support
- Backpack with rain cover

## Warm Layers and Clothes

- Warm layers
  - 3 layers if you're trekking in **spring, summer and monsoon** (1 woollen sweater, 1 fleece, 1 padded jacket)
  - 4 layers if you're trekking in **autumn** (1 woollen sweater, 2 fleece, 1 padded jacket)
  - 5 layers if you're trekking in **winter** (1 pair of thermals, 1 woollen sweater, 2 fleece, 1 padded jacket)
- 3 Collared T-shirts (Wear one, carry two)
- 2 quick-dry trek pants (Wear one, carry one)

## Accessories

- Sunglasses
- Sun cap, preferably with flaps
- Waterproof gloves
- Balaclava
- Woollen socks (2 pairs of Dry fit + 1 pair of Woollen)
- Headlamp
- Trekking pole
- Rain jacket + pants / poncho

## Toiletries:

- Sunscreen
- Moisturiser
- Light towel
- Lip balm or vaseline
- Toilet paper
- Toothbrush
- Toothpaste
- Reusable plastic covers (for used clothes)

## Cutlery:

- Steel lunch box, spoon and a coffee mug
- Two water bottles or Hydration Pack